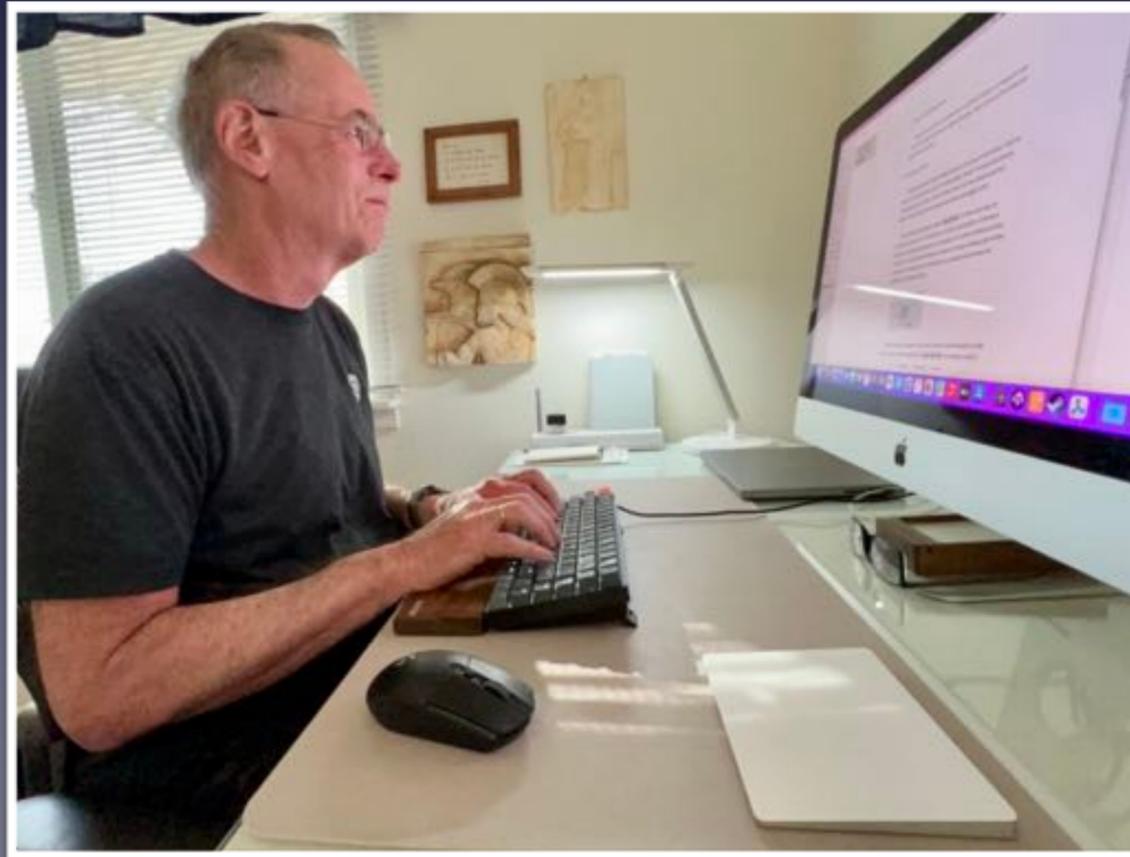


# Using Mind Maps for Planning Your Life

Jim Eagar

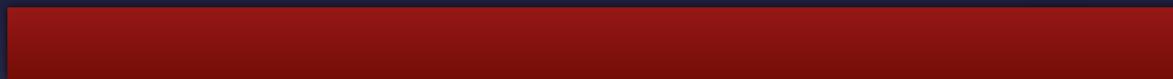
# Who are You?





When we were kids we were taught to Outline our thoughts

# Outlines are Linear





# Brains are Non-Linear



# Why a Mind Map?

- **More flexible, easy reorganization**
- **Graphical way of recording thinking**
- **Helps to see relationships**

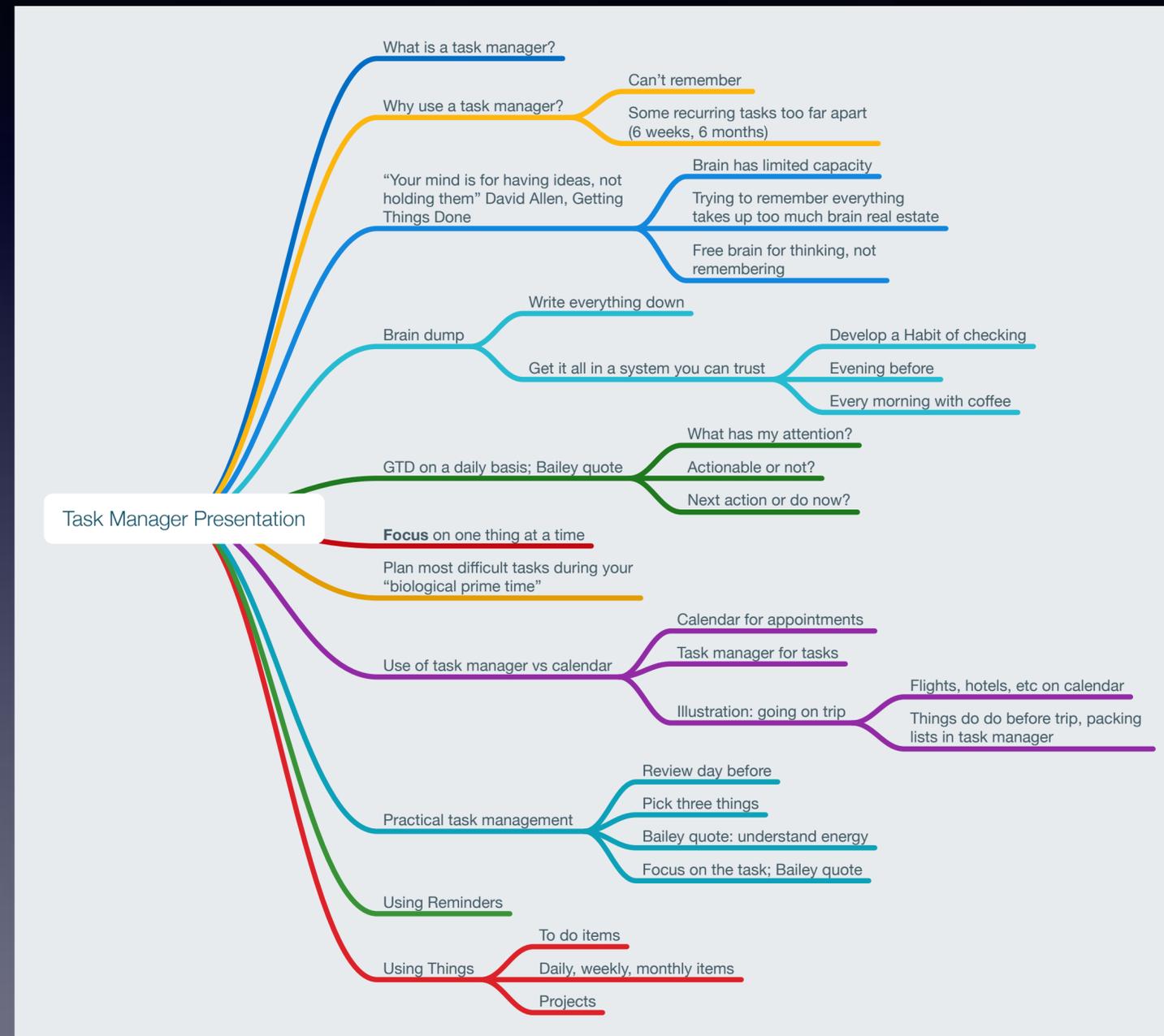




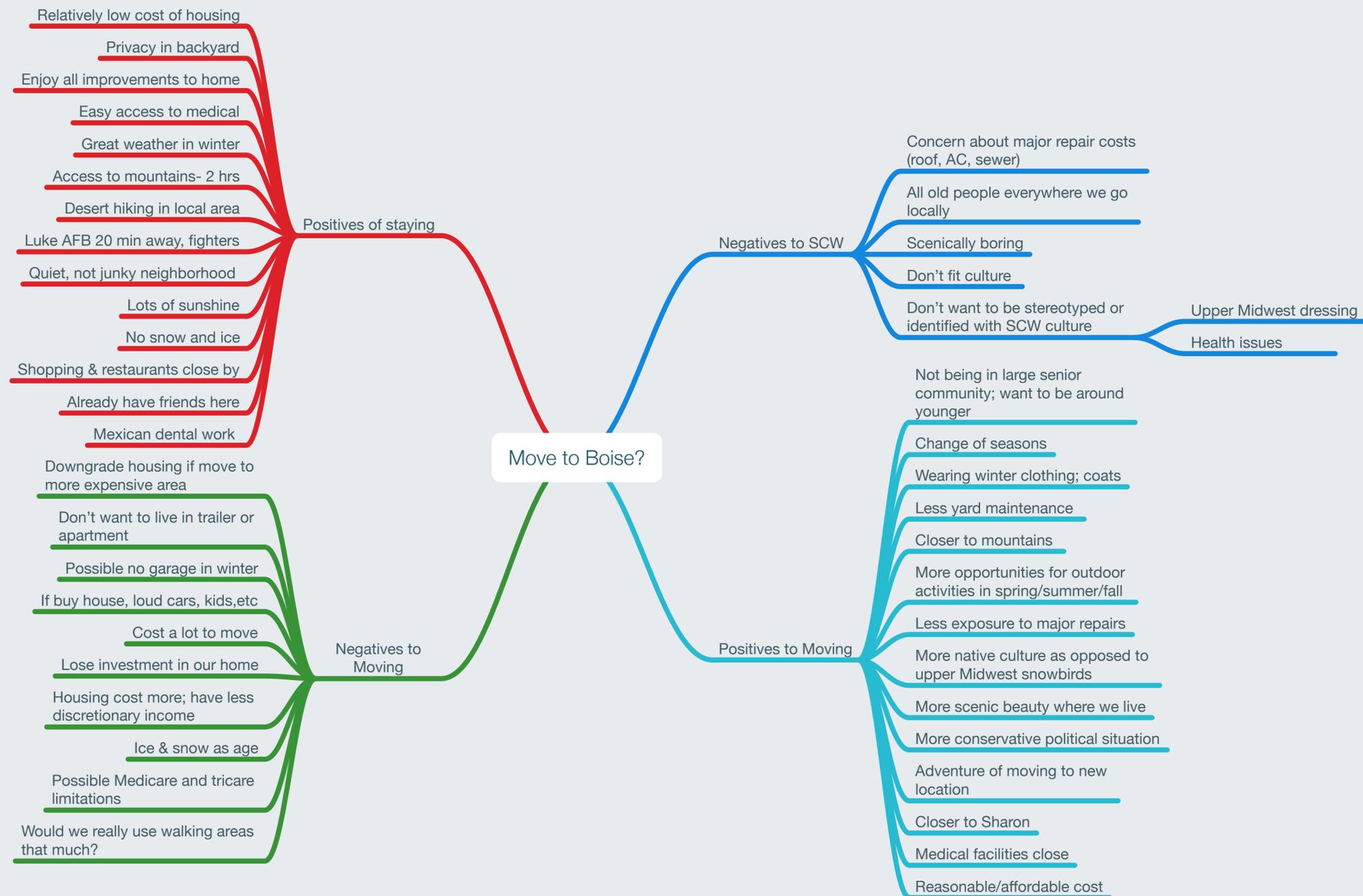
# What Can I Use a Mind Map For?



# Planning a Presentation



# Making a Big Decision



# Planning a Project



# Writing An Article



## How Elders can be Great Kissers

November 14, 2021

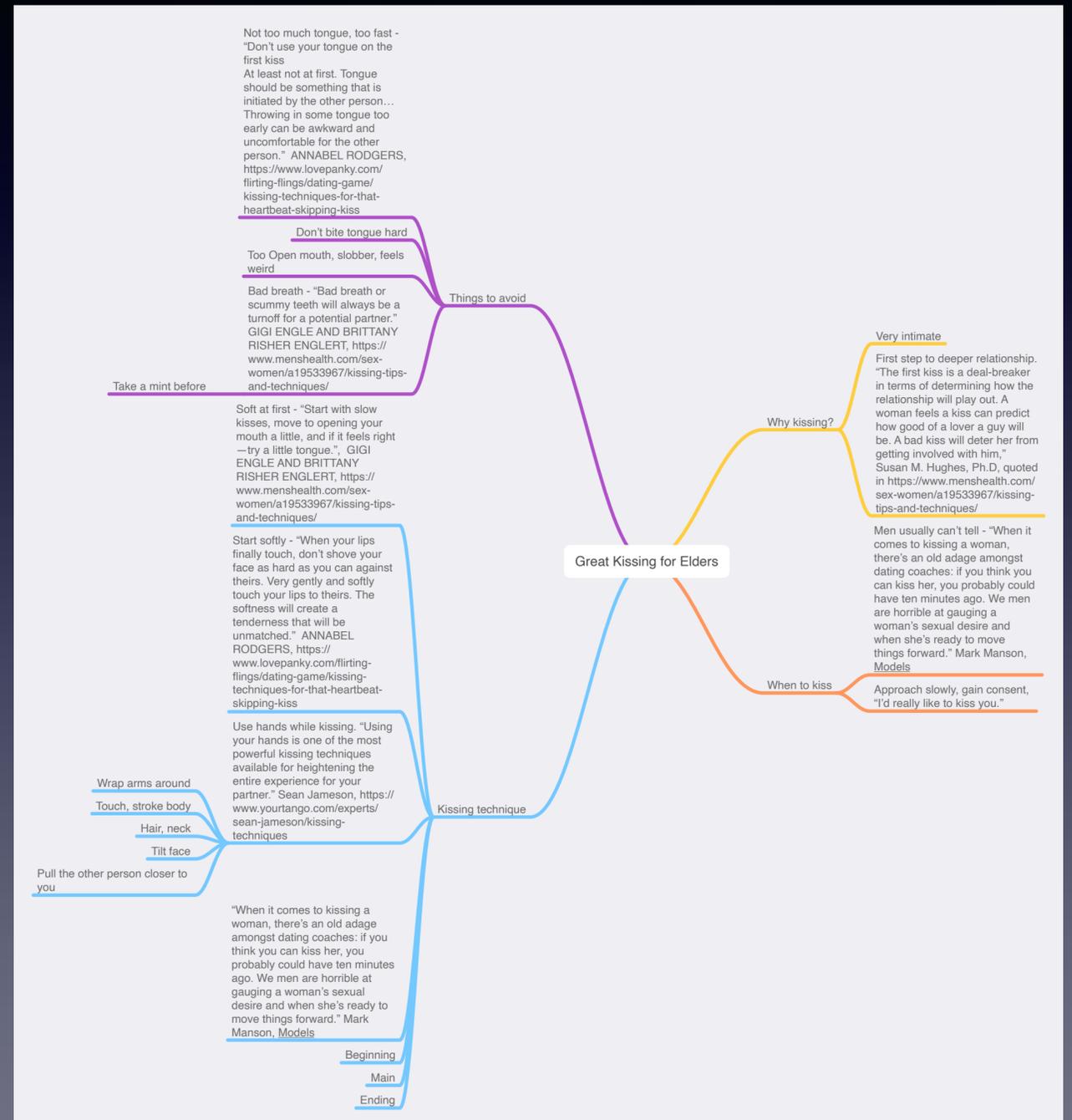
### Kissing is Important!

Kissing is typically the first step to a deeper sexual relationship with another person. Susan Hughes was quoted in an article in *Men's Health*, as saying, "The first kiss is a deal-breaker in terms of determining how the relationship will play out. A woman feels a kiss can predict how good of a lover a guy will be. A bad kiss will deter her from getting involved with him."

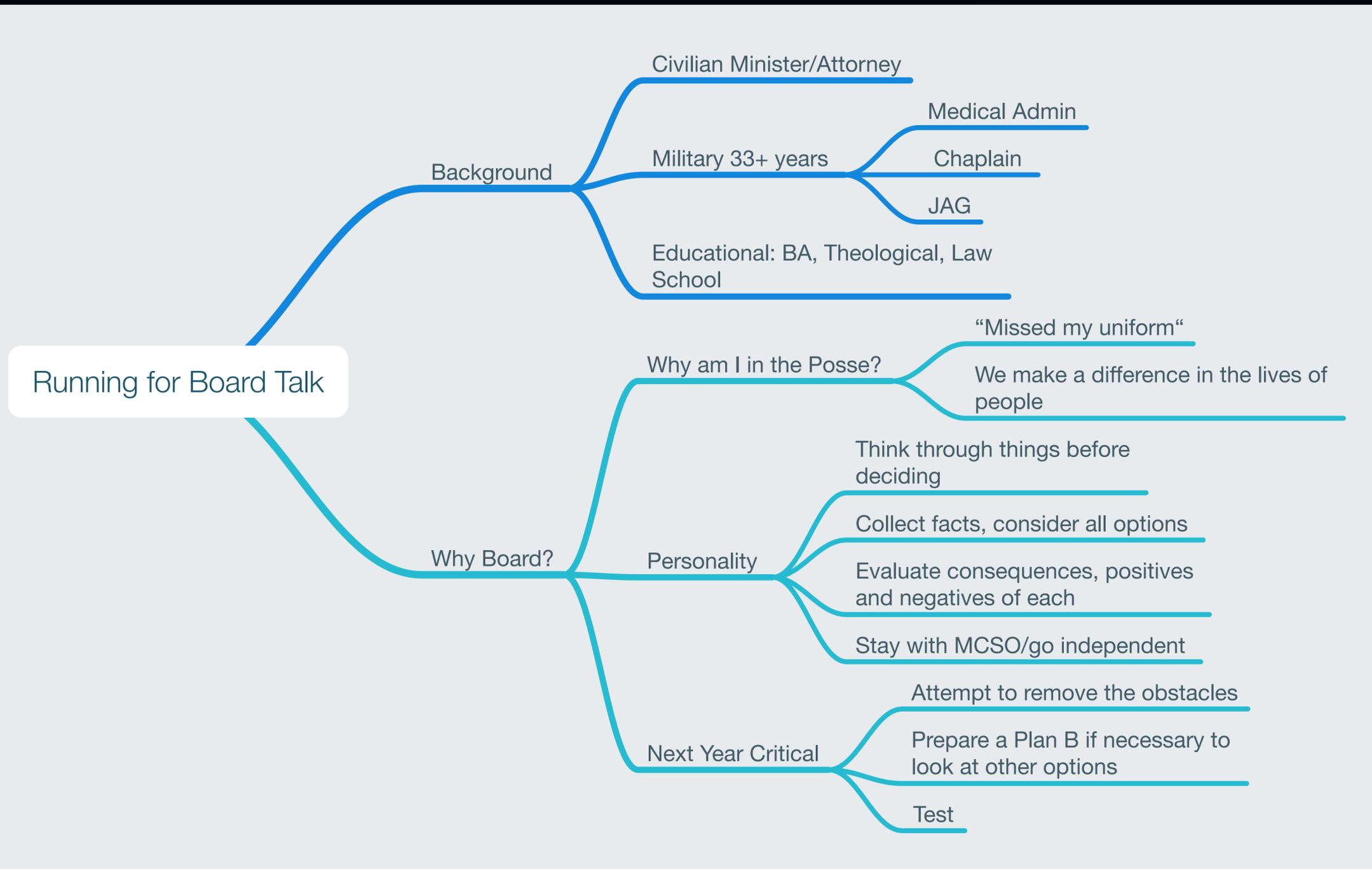
My wife, Lanette, has some thoughts about kissing as well. "Kissing is so important. It can make you comfortable or uncomfortable. Or it can be the first step to the next step."

### When to Kiss

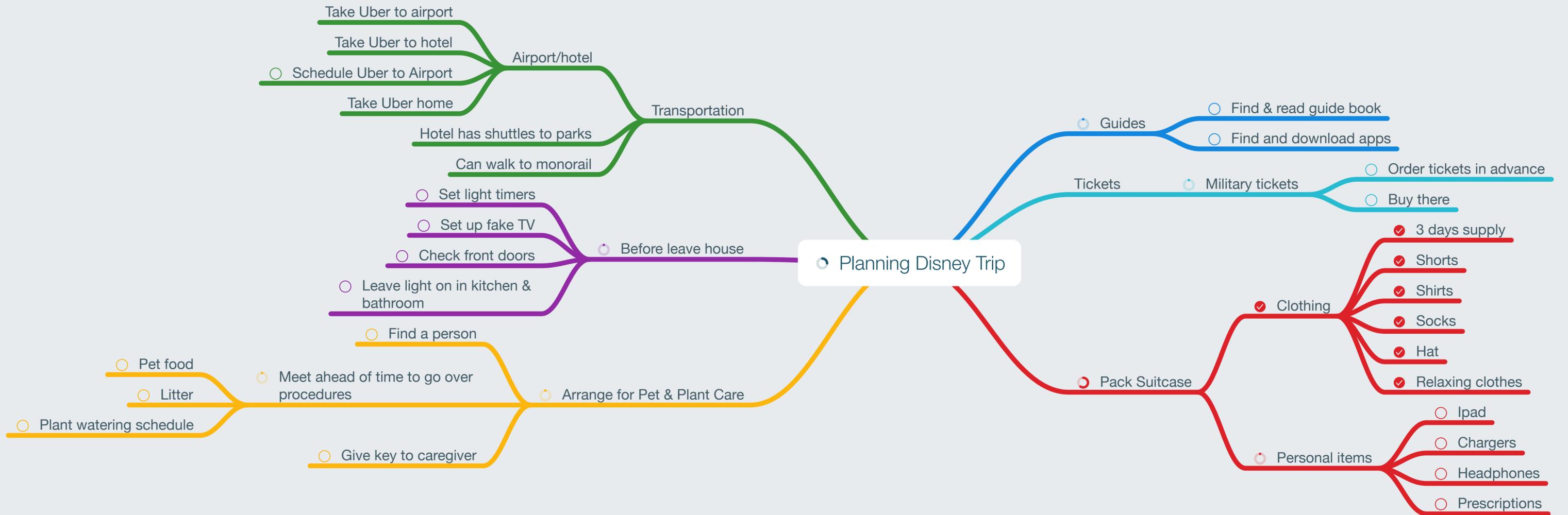
In our culture, in heterosexual couples, men are expected to make the first move. Unfortunately, most men are awful at detecting when a woman is ready for a kiss. Mark Manson wrote in *Models*, "When it comes to kissing a woman, there's an old adage amongst dating coaches: if you think you can kiss her, you probably could have ten minutes ago."



# Giving a Talk



# Planning a Trip

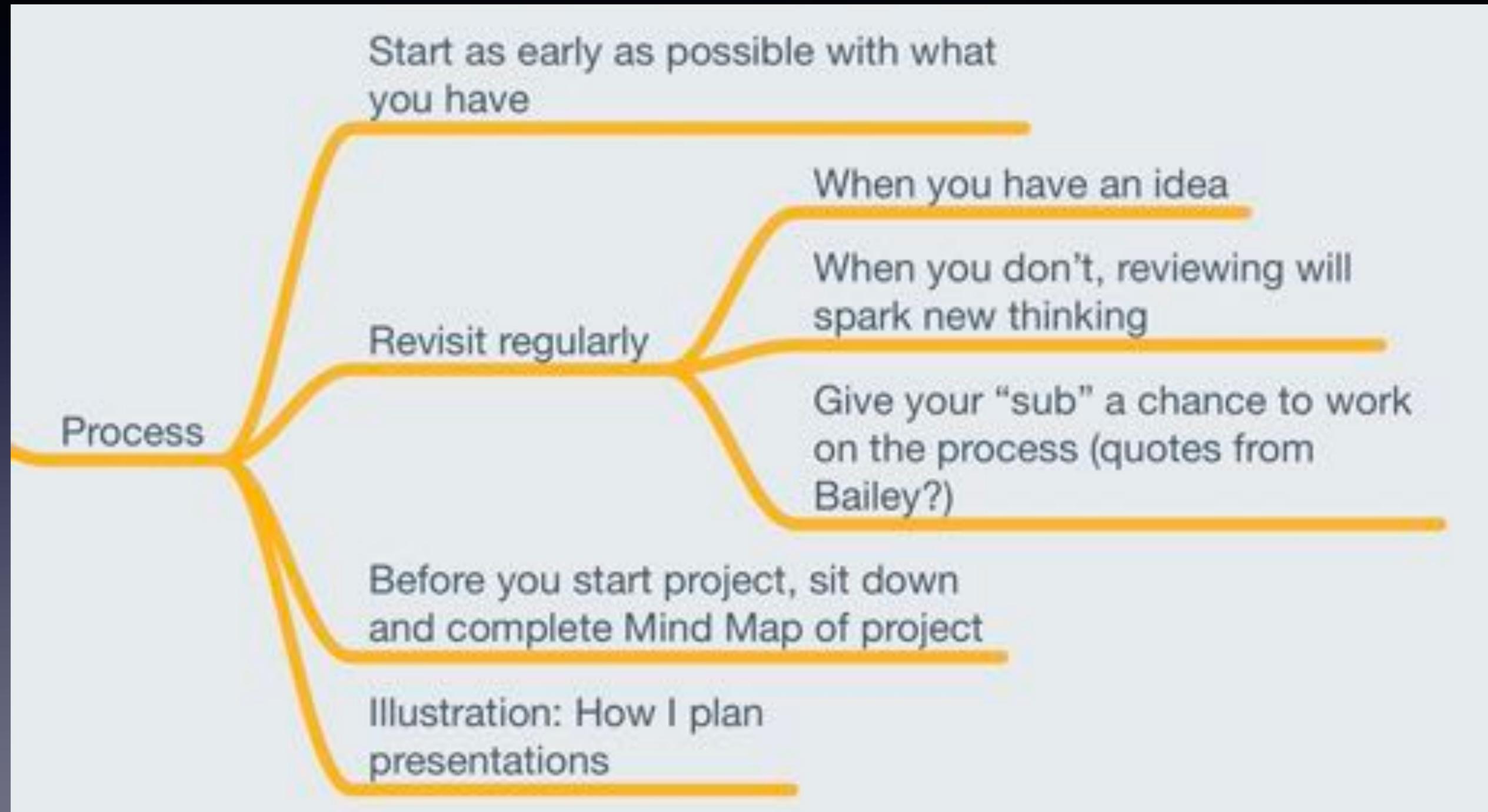


Or ...



Whatever You Need to  
Think Through!

# Mind Map Process



# “Best in Class” App



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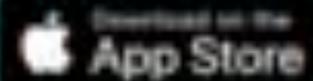
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 <b>Fold and Reorganize</b> Add structure to your mind map by reorganizing your nodes and folding branches.	✓	✓
 <b>Import and Export</b> Easily import and export your documents with a wide range of file formats.	✓	✓
 <b>Outlining</b> Brainstorm using a linear, structured approach.		✓



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